Walking Trails of Chamonix

Trip Code: MBW

Version:

WALK & TREK	GUIDED GROUP	4 MODERATE



HIGHLIGHTS

- Take the stunning cable car up to the Aiguille du Midi on the Mont Blanc massif
- Walk beautiful sections of the famous 'Tour du Mont Blanc'
- Explore the mountain town of Chamonix and relax in open-air cafés
- Fantastic centre based hotel accommodation in Chamonix

AT A GLANCE

- 5 days walking
- Max altitude 3842m
- Join at Chamonix

ACCOMMODATIONS & MEALS

VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE

Introduction

At the heart of the European Alps, the massif of Mont Blanc includes some of the most spectacular mountain scenery imaginable. Walkers are spoiled for choice in this part of the world and we have devised a truly wonderful week of walks amongst the superlative scenery of the Mont Blanc Massif, but with no big ascents, descents or technical terrain these can be easily enjoyed by the casual weekend walker, with glorious views of Mont Blanc itself (4807m), the highest peak in Western Europe.

Witness the majesty of the Mer de Glace, the famous views of Mont Blanc from Lac du Brevent, the breathtaking cable car ride up to the Aiguille du Midi and walk along the 'Grand Balcon Nord' (giving unbeatable views but using uplifts to save the knees!), relax at lunch time in vast alpine meadows and stop off at a number of picturesque hamlets and villages - all whilst learning of the history and traditions of the area from an expert guide. At the height of the summer, the trails are also coloured by an abundance of wildflowers and alpine wildlife species, including chamois, marmot and the iconic ibex. After all of this, relax each evening in the wonderful hotel accommodation - sit back with a glass of wine in hand and unbeatable mountain views all around.

Is this holiday for you?

This holiday is a series of day walks along mountain trails and footpaths. The walks themselves are on good trails and generally each day's walk will be around 3 - 5 hours allowing plenty of time for sightseeing, photography and scenic lunch stops. All of the days are optional as the holiday is centre based. Our accommodation each night is Chamonix, so gives plenty of opportunity to explore Chamonix itself.

Itinerary

Version:

Holiday Information

What's Included

- An experienced professional leader
- All accommodation as described
- Meals as described in the Meal Plan
- All cable car lifts which are part of the itinerary
- Mountain railway and valley transport (not airport transfers)
- Museum entry in Chamonix

What's not Included

- Travel insurance
- Tips for local staff
- Airport transfers
- Some meals as described in the Meal Plan
- Miscellaneous personal expenses

TRAVEL TO YOUR DESTINATION

In some cases you may choose to take a ferry and/or train to your holiday start and end destination. Please see further information on Travelling by Train.

If flying from the UK there are low cost airlines available to the start and from the end of your holiday.

To benefit from full financial protection, ease your holiday planning, and avoid dealing with airlines, we can book scheduled flights from the UK as part of a flight inclusive package. Scheduled flights are usually more expensive than low cost alternatives, however potentially less stressful if your flight is cancelled or delayed. If you book flights through KE Adventure Travel we will offset the carbon of your flight.

You should arrange to meet the group at the Aiguille du Midi Hotel, Chamonix on Day 1. The welcome meeting will be at approximately 19:00 followed by the evening meal, so you should aim to be there for this time.

For clients arriving by air, the easiest way to get to Chamonix is to fly to Geneva Airport and make use of an airport transfer service. We recommend Mountaindropoffs. Transfers are available from around 27 Euros per person each way. ENTER PROMO CODE YETI.

Please note that transfers are subject to availability and your flight details are required a minimum of 72 hours before your arrival in Geneva. Please find more information here:
http://www.mountaindropoffs.com/en/home/

Meal Plan

All breakfasts and five dinners are included in the price of this holiday.

Special Diets

Whilst we can cater for vegetarians, albeit sometimes with a more limited choice, we cannot always provide for special diets. Due to the nature of some of the trips that we operate and the countries in which we operate them, it can be very hard (and sometimes impossible) to cater for a wide range of dietary choices and you may have to supplement your meals with food/snacks from home. If you have specific dietary requirements please do speak to our sales team and they will be able to advise you whether or not we will be able to offer your specific choice. Please note that we are unable to provide separate menus and cannot accept liability for any problems arising from special dietary requirements or intolerances.

Food & Water

Water from the taps is perfectly drinkable on this holiday - please use this to fill your personal bottles for your daily activities. We do not encourage the purchase of single-use plastic bottles.

As might be expected, the food available in restaurants and hotels in France is excellent. Breakfasts at the hotel include cereal, bread, croissants, yoghurt with juice, tea and coffee. The evening meals included are all also taken at the hotel, where you will be treated to fantastic 2 course meals each evening; if you would like to purchase some wine with your meal do just ask the staff. On day 4 the evening is left free as there are many wonderful restaurants in Chamonix to try. Lunches can easily be purchased from the lovely bakeries in town or along the route each day from a mountain hut, your guide will let you know each day which is the best option.

Accommodation

During this trip, the group will spend 6 nights at the Aiguille du Midi hotel in Chamonix. This is a short walk to the centre of Chamonix and boasts a heated swimming pool. Accommodation is on a twin share basis, single rooms are available at an additional cost.

Group Leader & Support Staff

Tracks and trails to provide local leader

Altitude

The altitudes on this holiday are not extreme and the maximum altitude attained is no more than the equivalent of a pressurised cabin on an international flight. You may 'feel' the altitude the first time you trek above 2,000 metres but all that is required is a slower pace to compensate. You should pay particular attention to your hydration levels while trekking above 2,000 metres.

Spending Money

The package price includes all accommodation, guiding and all breakfasts and 5 dinners. You should make an allowance for additional snacks, drinks etc. Beer, wine and soft drinks are available every night. We estimate that approximately 300 - 350 Euros should adequately cover typical personal spending requirements.

Baggage Allowance

For this holiday you should take one piece of luggage (you should be able to comfortably carry / move this bag yourself) and a daypack (of around 30 litres). Luggage with wheels is useful for this holiday. For international flights please check your baggage allowance with your airline.

Group Size & Holiday Status

For each holiday there is a minimum number of participants required to enable it to go ahead. Once the minimum number is reached, the trip status will change from 'Available' to 'Guaranteed to run'. You can check the trip status for each departure in the ‘Dates and Prices’ table. Other than in exceptional circumstances, we will not cancel a trip once it has achieved this guaranteed to run status so you are free to proceed with your international flight booking and other travel arrangements.

General Information

Passport & Visas

Europe

Your passport must meet 2 requirements. It must be:

- less than 10 years old on the day you enter (check the 'date of issue')
- valid for at least 3 months after the day you plan to leave (check the 'expiry date')

For the latest details on visiting countries within the EU or the European Economic Area (EEA), please check the UK Government website

The information that we provide is for UK passport holders.

A passport with 6 months remaining validity at the end of your stay is generally required**,** and you should have at least 2 blank pages for each country that you visit.

For other nationalities, please refer to your own Government website for the latest information.

It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates *(see Health & Vaccinations below),* **and visas for your holiday.** Please ensure that you check the FCDO for the latest advice for **each country visited** before travel.

Health & Vaccinations

Vaccinations:

You should be up to date with the routine vaccinations recommended in the UK for overseas travel.

You must also contact your doctor or travel clinic to check if there are specific vaccinations or other preventive measures that you need for the area you are visiting, in good time before you are due to depart.

Please ensure you are looking at the recommendations for all countries visited on your holiday plus recommendations for any borders you cross.

On holidays to more remote areas you should also have a dental check-up.

It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates.

Please check the FCDO and Travel Health Pro. For all of your intended destinations for up-to-date advice.

Severe Allergies:

If you have a severe allergy please inform the KE office before you travel. We will do all we can to help, but we cannot guarantee an allergy free environment on KE trips.

Currency

The currency for part or all of this holiday is the Euro.

The unit of currency in Switzerland is the Swiss Franc.

Climate

The temperatures that we can expect to encounter during the day will be reasonably warm, ranging from 15°C to 25°C. The weather is usually stable during the summer months, but mountainous areas do generate their own weather systems and occasional rain and even stormy weather cannot be ruled out. You should be prepared for all eventualities!

Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's **'Travel Aware'** campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that before travel, all KE clients visit the official UK Government website at travelaware.campaign.gov.uk and read the FCDO Travel Advice for their chosen destination. All other nationalities should check their government websites for relevant information.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates directly from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

Maps

IGN Chamonix-Mont-Blanc - Massif du Mont-Blanc IGN 3630OT 1:25000

Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our Travel Insurance page for further information and to get a quote.

Equipment Information

Equipment List

The following checklist should help you with your packing. As a general rule, you should always try to keep the weight of your equipment to a minimum.

You should bring the following items:

- Hiking boots
- Socks

- Trekking trousers
- Waterproof overtrousers
- UnderwearBaselayer shirts (1 short sleeve, 1 long sleeve)
- Fleece jacket or warm jumper
- Waterproof jacket
- Thermal gloves
- Warm and waterproof gloves or mittens
- Sunhat
- Warm hat
- Sunglasses
- Daypack 30 litres should be sufficient
- Headtorch and spare batteries
- Sun protection (including total bloc for lips, nose etc.)
- Water bottles 1 litre (x2) (we encourage re-filling water bottles rather than single use plastic)
- Washbag and toiletries
- Antibacterial hand wash
- Basic First Aid Kit including: antiseptic cream, throat lozenges, diarrhoea treatment (Imodium), painkillers, plasters and blister treatment.

The following items are optional:

- Travel shoes / Trainers
- Spare laces
- Shorts
- Shirts (e.g. T-shirts)
- Swimwear (sauna/hot tub may be available)
- Trekking poles
- Insect repellent
- Camera
- Travel clothes
- Repair kit - (eg. needle, thread, duct tape)
- Reusable cloth bag for shopping (to avoid plastic bags)

Land Only Information

Please refer to the 'Joining Arrangements & Transfers' within Holiday Information for further details.

Flights and other transport to your destination should not be booked until you have received your booking confirmation and the departure is showing 'Guaranteed to Run' or 'Limited'.

Land Only Information

We sell this holiday on a Land Only basis, joining at the group accommodation in the Chamonix Valley. The nearest airport is Geneva, approximately an hour's drive away. Please refer to the 'Joining arrangements & transfers' for further details.

Flights SHOULD NOT be booked until you have received your booking confirmation and the departure is showing 'Guaranteed to Run' or 'Limited'.

If you would prefer to book a 'flight inclusive package' using scheduled airlines from the UK please contact our flights department for a quote. Whilst flight prices are likely to be more expensive you will benefit from full financial protection.

Why Choose KE

Why KE

With expert local knowledge, we have created a holiday filled with the walks, views, places and things to do that we love, and that we think really show off this simply stunning area. Our wonderful expert guides are also extremely enthusiastic and knowledgeable about the area. We've also included the cost of all uplifts and cable cars - so you don't need to worry about this extra expense.

Please Note This document was downloaded on 11/11/2026 and the trip is subject to change