# Canadian Road-trip Family Adventure

Trip Code: FCD

Version:

| MULTI ACTIVITY | FAMILY | LEISURELY |
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## HIGHLIGHTS

- Discover nature, adventure and First Nations culture in Vancouver and Whistler
- Enjoy an idyllic Canadian canoe excursion on Clearwater Lake and paddleboarding on the Columbia wetlands
- Walk on the Athabasca Glacier on the Icefield Parkway
- Drink in the breath-taking scenery around Revelstoke, Banff and Lake Louise

### AT A GLANCE

- 13 days active adventure
- Walking
- Bike ride
- Wolf sanctuary
- Icewalk with crampons
- Paddle boarding
- Canoeing
- Camping
- BBQ's / Pizza and Bowling
- Join at Vancouver, end in Calgary

### ACCOMMODATIONS & MEALS

VIEW DATES, PRICES & BOOK YOUR HOLIDAY HERE

# Introduction

The backdrop to our two week family road-trip adventure is stunning, with endless patchwork views of breath-taking Rocky Mountain peaks, jaw dropping turquoise lakes and endless conifer forests. Our journey from Vancouver to Calgary starts with a bike ride through Stanley Park complete with totem poles and ocean views. We have immense panoramic views of Howe Sound from our walk up The Stawamus Chief (702m) near Squamish. In Whistler we learn about the First Nations people who have lived here for centuries, at the Lil'wat Cultural Centre. During our drive through the Rocky Mountains we can really appreciate the vastness of the land and the enormity of these forests. Hopefully we'll have some wildlife encounters as moose and bear roam free here.

In Wells Gray National Park we experience the beauty and tranquillity of Canadian canoeing on Clearwater Lake. It's then down the famous Icefield Parkway for an exciting stop to walk with crampons on the ice before walking in the Revelstoke area, as well as Lake Louise and Banff. We round off our two week road-trip adventure with a celebratory pizza and bowling night before the transfer to Calgary Airport.

On this epic adventure through the Canadian Rockies we will stay at campsites and rustic mountain huts, nestled in the trees and usually with a fire pit and glimpses of the huge mountains that envelop us here. The air is fresh and we'll sleep well after a day jam packed with great walks and exciting activities. This special trip will create memories that will last a lifetime, a proper Rocky Mountain road-trip.

## Is this holiday for you?

This is a jam packed holiday full of activities and adventure. It is designed to ensure that you and your family see the best of British Columbia and Alberta and enjoy some truly awesome Canadian experiences. If you wish to take part in any of the water based activities you must be able to swim.

All activities are suitable for beginners and children. The longest walk is an easy and gentle 4hrs. There are a few long journeys in the vehicle and you and your family should be prepared for this. Camping in

Canada can be great fun, and there is a really sense of being on holiday.

All campsites have BBQ areas and usually a large space for the children to run around in or relax. The settings are also beautiful and it takes us away from the centre of towns.

# Itinerary

Version:

# Holiday Information

## What's Included

- A professional and qualified tour leader
- All accommodation as described
- Arrival airport to hotel shuttle
- Single timed departure airport transfer
- Meals as described in the Meal Plan
- All land transport required by the itinerary
- All activities/excursions/entrance fees mentioned unless specified as 'optional'

## What's not Included

- Travel insurance
- Visas (if applicable)
- Some meals as described in the Meal Plan
- Any additional activities/excursions indicated as optional
- Tips
- Miscellaneous personal expenditure - drinks and souvenirs etc

## Joining Arrangements & Transfers

The group will meet at the group hotel in Vancouver.

The Vancouver hotel provides a free hotel shuttle. This gives you the flexibility to arrive at any time during the day.

On the last day of the Land Only itinerary, there will be a single timed transfer from Banff to Calgary Airport (approx. 1hr 30 mins) for flights departing in the late afternoon.

Anyone may join the group transfers by prior arrangement. Travelling as a group or on public transport saves energy. If this is not practical, we can provide private transfers at an additional cost.

Hotel contact details and an emergency number will be provided with your booking confirmation.

## Meal Plan

All breakfasts, 10 lunches and 8 dinners are included.

## Special Diets

Whilst we can cater for vegetarians, albeit sometimes with a more limited choice, we cannot always provide for special diets. Due to the nature of some of the trips that we operate and the countries in which we operate them, it can be very hard (and sometimes impossible) to cater for a wide range of dietary choices and you may have to supplement your meals with food/snacks from home. If you have specific dietary requirements please do speak to our sales team and they will be able to advise you whether or not we will be able to offer your specific choice. Please note that we are unable to provide separate menus and cannot accept liability for any problems arising from special dietary requirements or intolerances.

## Food & Water

Water from the taps may not be drinkable in all locations on this trip - please check with your guide. We recommend taking water purification tablets and a reusable bottle with a filter such as **Water-to-Go**, which can both be used to help make safe other water sources. Please note that we do not encourage the purchase of single use plastic bottles.

The majority of the meals are provided. Breakfast will be cereals and yoghurt, with coffee, tea, toast and the occasional cooked breakfast.

Everyone will prepare their own lunch in advance each morning, so that it can be eaten on the day's outing. Bread, sausage, cheese, fruit and snacks are provided for this purpose. Beverages are not included. Dinner will include stir fries, BBQ's, pasta dishes, curries etc.

Very often cooking will be on an open fire. Your tour leader will make restaurant recommendations for the meals not included.The camping meals are prepared by the guide and it is good group etiquette to help with preparation and washing up. This can be a fun time of the day.

## Accommodation

During the holiday the group will have 2 nights in a hotel with swimming pool located near Vancouver Airport.

We have 7 nights camping in twin-share tents on serviced (with toilets and showers etc) campgrounds, selected for their beautiful locations. Camp sites in Canada are usually surrounded by forest with pitches having a picnic bench and BBQ/firepit. Trees provide privacy. All campsites have showers and toilet facilities. Wood is provided for campfires. We supply '3-person' tents, with 1 tent allocated to 2 people. This gives you lots of room. The tents are 7ft x 7ft / 2mx2m. You will need to arrange yourselves into these tents as appropriate to your children and family members.

The camping experience is participatory, meaning group members should be willing to help the guide out with camp chores such as setting up tents and helping prepare the meals, fetch water, assist with the dishes etc, which is all part of the fun of outdoor life.

We have 2 nights at the Wells Gray Guest Ranch in simple rustic cabins. These have 4 or 5 beds and no electricity or water, so ablutions are in the amenity block. We use our own sleeping bags. The 'ranch' is styled like an old settlers town with simple wooden structures with names such as 'General Store' and 'Saloon'.

And we have 1 night at the wilderness hostel in Rampart Creek. There the group will have private use of two dormitories, each with 6 bunk beds and we will share the dorms together. This is off-grid and we relax by the fire in the forest between the mighty mountains.

In the hotel children under the age of 11yrs share with their parents, relatives or guardians. This could be a triple for a family of 3, a double with an extra bed, or a quad or separate rooms for bigger families. Smaller families, or single parents with 1 child, will be in a twin room. If you are travelling with children over the age of 12yrs, you could be sharing a twin, triple or quad room or staying in separate rooms.

We will do everything to ensure that you are happy with your rooming allocation. If you are planning on extending your holiday additional nights at the group hotel are available on request.

## Group Leader & Support Staff

The group will be led by a professional and qualified tour leader. When on the ice you will be expertly led by an ACMG certified guide.

## Altitude

This holiday does not involve any significant ascent to altitude and we would not expect any altitude issues with this trip.

## Spending Money

We estimate that a total of around £150 per family member, or equivalent in Canadian Dollars, should be allowed for personal spending and the non-included meals. This amount should also be sufficient to cover any miscellaneous expenses and tips to local staff. If you expect to buy considerable quantities of soft drinks or beer, you should make an allowance for this.

The below are the optional activities that you may wish to budget for as well. There are many ATMs accessible throughout the tour and cards are widely accepted as payment.

## OPTIONAL ACTIVITY COSTS:

Please note that these prices are correct at time of writing, but are subject to change without warning. All prices are in Canadian Dollars CAD$.

**Day 4. Free afternoon in Whistler options**

- Tree-tops: From CAD$70 per person
- Bear Watching in 4x4 vehicle: from CAD$199 per person
- Other options such as mountain biking, SUP'ing, canoeing etc are available. You may wish to book an activity online pre-departure to avoid disappointment if full. All activities on this afternoon should be booked independently.

**Day 11. White-water rafting afternoon**

- Gentle white-water rafting: Adult CAD$105, Child (8-11yrs) CAD$83

## Guidance on Tipping

Tipping is the accepted way of saying 'thank you' to your leader and local team. Tipping is entirely voluntary and should be dependent on good service. We advise you to tip as a group and we recommend that you set aside around CAD$0-$15 per day per guide.

## Baggage Allowance

For this holiday you should take one piece of luggage and a daypack. Luggage with wheels is useful for this holiday. For international flights please check your baggage allowance with your airline.

## Group Size & Holiday Status

For each holiday there is a minimum number of participants required to enable it to go ahead. Once the minimum number is reached, the trip status will change from 'Available' to 'Guaranteed to run'. You can check the trip status for each departure in the ‘Dates and Prices’ table. Other than in exceptional circumstances, we will not cancel a trip once it has achieved this guaranteed to run status so you are free to proceed with your international flight booking and other travel arrangements.

# General Information

## Passport & Visas

**The information that we provide is for UK passport holders.**

A passport with 6 months remaining validity at the end of your stay is generally required**,** and you should have at least 2 blank pages for each country that you visit.

For other nationalities, please refer to your own Government website for the latest information.

**It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates** *(see Health & Vaccinations below),* **and visas for your holiday.** Please ensure that you check the FCDO for the latest advice for **each country visited** before travel.

### IMPORTANT INFORMATION FOR THOSE TRANSITING THROUGH THE USA

If your flights pass through the USA, even if only in transit, you will require either a visa or an ESTA (Electronic System for Travel Authorisation). Citizens of the UK, New Zealand, Australia, Canada and passport holders from several EU countries can apply for an ESTA under certain conditions*. This must be done online via https://esta.cbp.dhs.gov, no later than 72 hours prior to travel and applies whether entering the country by sea or by air. You will need to have a biometric passport to apply for an ESTA. The fee is currently US$40 *(as of 30/09/25).* Travellers who have not registered before their trip are likely be refused boarding.

*If you have visited Iran, Iraq, Libya, North Korea, Somalia, Sudan, Syria and Yemen since 2011 or have dual nationality with any of these countries, you cannot travel with an ESTA. You will need to apply for a visa from the nearest US Embassy or Consulate instead. Additionally, if you have travelled to or have been in Cuba since the 12th of January 2021, you will not be eligible for an ESTA visa waiver and will need to apply for a US visa. You should consult the US State Department website to determine which you will need.

When completing the ESTA application form you will be asked to enter your 'Point of Contact' information. This is not required if you are only transiting through the USA.

### IMPORTANT INFORMATION FOR THOSE TRANSITING THROUGH CANADA

UK citizens will require an ETA (Electronic Travel Authorisation), and you must get this before boarding any Canada-bound aircraft or ship, or entering on a land border. The fee is CAD$7 and you should apply for it at http://www.cic.gc.ca/english/visit/eta-start.asp. Other nationalities should consult their local embassy or consular office

Entry requirements can change regularly so please ensure you have the most up to date information before travelling by checking visa entry requirements at the relevant embassy in your country of residence: (US Embassy in London: http://london.usembassy.gov/niv/apply.html)

### Visa Canada

All citizens (except for USA citizens) will require an eTA (Electronic Travel Authorisation). You must get this before boarding any Canada-bound aircraft or ship. The fee is CAD$7 and you should apply for it at http://www.cic.gc.ca/english/visit/eta-start.asp

## Health & Vaccinations

**Vaccinations:**

You should be up to date with the routine vaccinations recommended in the UK for overseas travel.

You must also contact your doctor or travel clinic to check if there are specific vaccinations or other preventive measures that you need for the area you are visiting, in good time before you are due to depart.

Please ensure you are looking at the recommendations for all countries visited on your holiday plus recommendations for any borders you cross.

On holidays to more remote areas you should also have a dental check-up.

**It is your responsibility to ensure that you have the correct travel documents including vaccinations and health certificates.**

**Please check the FCDO and Travel Health Pro. For all of your intended destinations for up-to-date advice.**

**Severe Allergies:**

If you have a severe allergy please inform the KE office before you travel. We will do all we can to help, but we cannot guarantee an allergy free environment on KE trips.

## Currency

The unit of currency in Canada is the Canadian Dollar.

## Climate

The weather in these Canadian Mountains is ever-changing and always unpredictable. Summer days are long, but the summer season is short. July is the warmest month with a mean daily maximum temperature of 22°C. We can expect to encounter temperatures during the day ranging from 18°C to 27°C. Naturally, at the higher elevations on our trip, the daytime temperatures will be lower than this. At night, the temperatures will typically drop to around 10°C. Although the weather is relatively stable at this time of year, we can expect some rainfall as mountains produce their own weather.

## Travel Aware

As a reputable tour operator, KE supports the British Foreign, Commonwealth and Development Office's **'Travel Aware'** campaign to enable British citizens to prepare for their journeys overseas. The 'Travel Aware' website provides a single, authoritative source of advice for all kinds of travellers and we recommend that before travel, all KE clients visit the official UK Government website at travelaware.campaign.gov.uk and read the FCDO Travel Advice for their chosen destination. All other nationalities should check their government websites for relevant information.

KE treat the safety and security of all clients as the most important aspect of any trip we organise. We would not run any trip that we did not consider reasonably safe. Should the FCDO advise against travel for any reason, we will contact everyone booked to travel to discuss the situation. We receive regular updates directly from the FCDO and are in constant touch with our contacts on the ground. If you have any questions about government travel advice, please call our office.

## Single Use Plastic

KE do not encourage the use of single use plastic items. We are ensuring that our agents all over the world are working together to reduce the problem and educate those around them. We are leading by example in our KE office by reducing our plastic use.

## Private Groups Information

# Make this KE family holiday your own!

- Choose your own departure date
- Travel on this holiday with just your family and friends
- Tailor your holiday by adding extra days for relaxation or upgrade your hotels

If our standard dates do not fit with your school holidays or you wish to travel with just your family or with your family and friends, we will be pleased to set up a private departure for any of our family holidays.

Depending on what you are looking for we can look at tweaking the itinerary to allow you some extra relaxation time or upgrading the hotels. Our personal service means you'll be fully involved as we make the arrangements for your perfect family adventure holiday.

## Independence with Security

Travelling as a KE private family group allows you more flexibility and choice, but still with the peace of mind that everything is pre-planned and arranged for you and your family and friends by a reputable adventure travel company.

To take your first step to an amazing adventure with your family and friends complete the private group enquiry form, or call our **Sales Experts on: 017687 73966**

### Travel Insurance

It is an essential condition of joining a holiday with KE Adventure Travel that you have a valid travel insurance policy to cover the cost of medical treatment and to protect the value of your holiday in the event of cancellation. When taking out insurance please ensure the policy you choose covers you for the activities and altitude included in your itinerary.

For appropriate insurance cover we recommend Campbell Irvine Direct. Please go to our Travel Insurance page for further information and to get a quote.

# Equipment Information

### Equipment List

Please try to keep the weight of your baggage to a minimum. See the 'baggage allowance' section for further details.

### You should bring the following items:

- Strong shoes or walking boots
- Teva-type sandals (for water adventures)
- Underwear & socks
- Lightweight trousers / shorts / skirts
- Shirts / T-shirts / tops
- Warm jacket/fleece (for chilly evenings)
- Lightweight waterproof jacket & trousers
- Sunhat
- Warm hat
- Gloves
- Sunglasses
- Sleeping bag (comfort rated 5°C)
- Headtorch and spare batteries
- Water bottles 1 litre (x2) (we encourage re-filling water bottles rather than single use plastic)
- Water purification tablets
- Swimwear
- Small towel (you may wish to take 2 towels, 1 for camping and 1 for water adventures)
- Daypack 20 - 25 litres
- Dry bags (to keep the contents of your daypack dry)
- Washbag and toiletries
- Antibacterial handwash
- Insect repellent
- Sun protection (including total bloc for lips, nose etc)
- Basic personal first aid kit: Antiseptic cream, throat lozenges, diarrhoea treatment (Imodium), painkillers, plasters, blister treatment, antihistamine cream and tablets, and re-hydration salts (Dioralite).

### The following items are optional:

- Repair kit - (eg. needle, thread, duct tape)
- Camera
- Power bank for charging equipment
- Small travel pillow or pillow case (stuff a soft fleece in for use as a pillow at night)
- Card games/dobble/Uno etc for the evenings
- Reusable cloth bag for shopping (to avoid plastic bags)

### Notes:

- Sleeping mats are provided. These are 1.5 inch self-inflated mats.
- Sleeping bags can be hired from a local coop in Vancouver for CAD$50 for the trip. (Please request at time of booking and pay in cash on arrival)

### Land Only Information

The LAND ONLY dates and prices are for the itinerary, joining at the hotel in Vancouver. The hotel provides a free shuttle on arrival. On departure we include a single transfer to Calgary Airport.

### Flight Inclusive Information

Limited seats are available at the advertised flight price, please book as early as you can. If we are unable to secure seats at the price shown, or you have requested regional departures and/or upgrades, we will provide you with an alternative quote. It is likely that flight payment will be in advance of your final holiday balance. Booking a flight inclusive package means you will benefit from full financial protection, eases your holiday planning, and leaves us to deal with airlines and schedule changes. If you book flights through KE Adventure Travel we will offset the carbon of your flight.

Regional departures and/or alternative carriers are available on request.

### Flight Inclusive Information

The FLIGHT INCLUSIVE dates and prices are based on UK flights from London to Vancouver. Outbound flights will usually depart from the UK in the morning, arriving in the evening on the same day. Return flights will usually depart Calgary in the late afternoon of the last day of the itinerary, arriving in the UK the next day.

# Why Choose KE

## Why KE

This itinerary packs a great variety of included activities into 2 weeks at a great price, making holiday budgeting a breeze.  Enjoy paddle-boarding, canoeing, walking, cultural experiences, bike rides, glacial walking and camping amidst some sensational Canadian scenery.

**Please Note** This document was downloaded on 11/11/2026 and the trip is subject to change